



STERLING PUBLIC SCHOOLS

OCTOBER 2018 NEWSLETTER

Superintendent's Message from Mrs. Dottie Heusman

Social and Emotional Learning. How Important is it for OUR Students?

Social and emotional learning (SEL) is something that is in the news on a daily basis in the educational field. Articles are written continually about how schools can help students be successful in this area. But often parents and patrons don't understand what SEL is. According to the Collaborative for Academic, Social and Emotional Learning (CASEL), "SEL is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions." When I read this definition I think, that's how people deal with life and succeed!

Schools are no longer just a place for kids to learn knowledge about various subject areas. They are now a place to learn about working with others, forming positive relationships, makes good choices, becoming a well informed citizen, being able to handle everything that life deals them, and the list goes on and on. As a school staff we believe strongly in helping kids to become well-rounded individuals. We take time to train staff members on helping kids in these areas. We teach social-emotional curriculum materials to our elementary students. We provide daily support to students as needed to handle life's challenges. We also contract through outside agencies to give students one-on-one support for challenges they are facing. Sometimes what we think is a little challenge is a big challenge to an individual.

Sterling Public Schools believes in educating the Whole Child...Each child, in each school, in our communities deserves to be healthy, safe, engaged, supported, and challenged. We will continue to do everything we can to make each child successful in all areas of their life!

Board of Education News

The Board of Education met for the regular board meeting on September 5, 2018. Items discussed and action taken included:

- Jenna Sedivy presented information to the board about flexible seating and reading in kindergarten.
- Approved the 2018-2019 Tax Request and 2018-2019 Budget. The levy amounts set for the 2018-2019 school year were: .0869298 general fund; .049544 special building fund; .058866 bond fund, and .031943 for QCPUF fund. Total is \$1.009651. This is a slight decrease from last year's levy amounts.
- Authorized Kim Harms, new Bookkeeper to access Bank records and accounts
- Approved on second reading board policies; 3003.1 bidding for construction, remodeling, repair or related projects financed with federal funds, 3004 General purchasing and procurement, & 3004.1 Fiscal Management for purchasing and procurement using federal funds.



The Board of Education will conduct a special meeting to interview potential candidates to fill the board vacancy. This meeting will be on Thursday, September 27 @ 7:00 p.m. The next regularly scheduled board meeting will be on Tuesday, October 9 @ 7:30 p.m.

For Sale: 2003 Dodge Caravan Grand Sport Van, Light Blue color, 165,990 miles. Submit sealed bid to Dottie Heusman, Superintendent, Sterling Public Schools, 250 Main Street, Sterling, NE 68443 by October 11, 2018. For inspection please stop by the Main Office at School.

From the Principal's Desk:

Hopefully you have been able to catch one of our football or volleyball games that has been live streamed on YouTube. It has been a rocky start to this endeavor, but we are working hard on getting all the kinks out. We do run into the issue of schools not having WiFi available at their football fields and sometimes it just plain doesn't work. Since we use a free iPad app and a free streaming service there are always going to be issues we run into. Please subscribe to our YouTube Channels (volleyball - <https://bit.ly/2DgFyaV> & football - <https://bit.ly/2Nu0HDA>) to stay up-to-date with our fall streaming events. In the future we will be stream our basketball games and hopefully concerts and other events as well.

Now that parent-teacher conferences are over, I hope you have had a chance to talk with the teacher(s) of your student. If you missed conferences and would like an update, please feel free to email your teachers or give me a call/email and we can give you a progress update for your student. Also, we will be working diligently to update parent email address so that we can add those to Google Classroom so you can receive email updates about your students' classes. When you receive your email from Google Classroom you can set it to get daily or weekly updates on your student. These emails will contain any missing work, upcoming work, and class activity. If you are not for sure if we have the email you want updates sent to, please contact me via phone or email and I will help you get set up!

We still ask that you not step out on the playing floor with street shoes so we can keep the floor looking great! As always be sure to follow us on our social media accounts. You can check us out on instagram and twitter at @spsjetpride and on Facebook at the Sterling Public Schools page. - Mr. Harrington

Sterling Jet Football Update

HIGH SCHOOL

Sterling 65 - St. Edward 6

Sterling 77 - Walthill 27

Humphrey/Lindsey Holy Family 55 - Sterling 52

Harvard 68 - Sterling 36

JUNIOR VARSITY

Johnson-Brock 36 - Sterling 20

Sterling 38 - Pawnee City 20

Sterling 42 - Dorchester 7



The National FFA Organization...

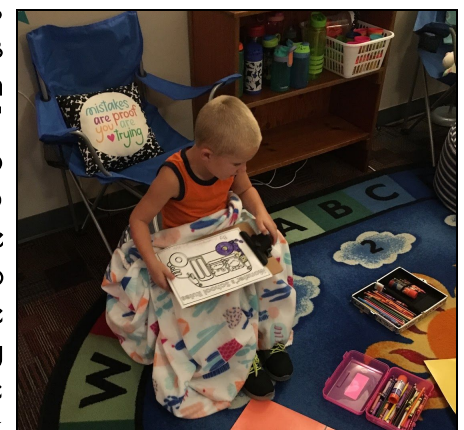
frames its work around developing students premier leadership, personal growth, and career success. FFA is an intracurricular student organization that prepares students for the future. Students will develop personal and leadership skills they will use the rest of their life. Students that are a part of this organization will get the chance to participate in a wide range of activities that are skill based and they can also participate in speaking events as well. These competitive events are known as 'Career Development Events' and 'Leadership Development Events'. Not only do they get to compete in different activities, they also get to travel and network with other FFA members across the nation. FFA is a great organization for students to be involved in because there are SO many learning opportunities for them! There is something for everyone, you don't have to live on a farm or ranch to be in FFA. - Miss Schultz

Kindergarten News

The school year is off to a great start here in kindergarten with a group of 17 this year. We've made some exciting changes with our switch to flexible seating and the use of Daily 5 to structure our literacy time. Flexible seating allows the students the opportunity to choose the seating arrangement that is best for their learning. The traditional sedentary classroom setting doesn't allow movement, which enhances the learning process, especially for these young learners. The brain learns best when students are actively engaged in physical activity. The students are enjoying being independent and also comfortable in our classroom while they learn.



Daily 5 consists of Work on Writing, Read to Self, Word Work, Listen to Reading, and Read to Someone. As the kids learn the different rules and expectations for each of these they become more and more independent during this time, which allows the classroom teacher to work with small groups of students or one-on-one. The students really enjoy the variety of activities that they do each day as well as the chance to move around and take responsibility for their learning. In less than a month's time this group has gone from being able to sit and "Read to Self" for only 3 minutes to a solid 15 minutes! They are emergent readers and so they are reading the pictures as well as finding the sight words they've



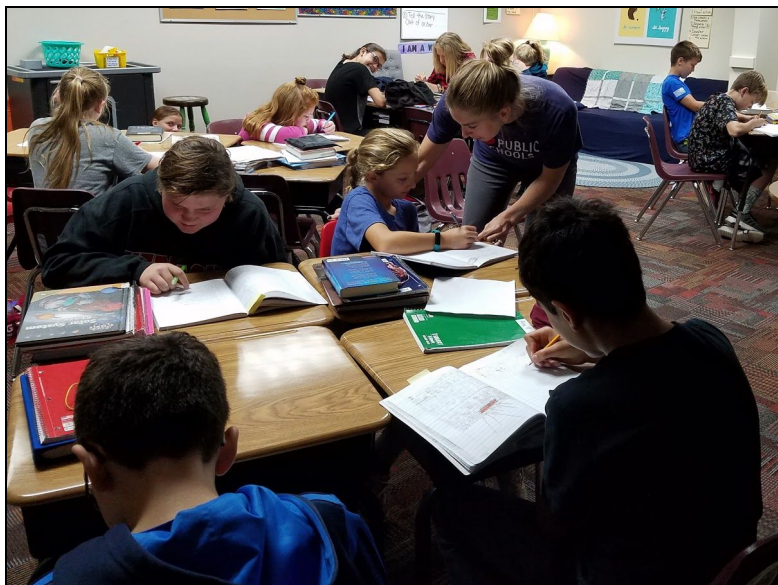
learned. I am enjoying the atmosphere in our classroom and look forward to seeing all the progress that these kids make this year!

-Mrs. Sedivy



FEATURED STAFF MEMBER - DR. WUSK

Is there a Doctor in the building? Why yes there is! Dr. Evi Wusk is the new 5th, 6th, and 9th grade English teacher along with the National Honor Society sponsor. Here's a few interesting notes about Dr. Wusk... After she graduated from Johnson-Brock, Evi attended Peru State College and UNL. Her husband, Ralph, a Sterling graduate, and her two children Charli (1st grade) and Oliver (PreK) all live right here in Sterling with their boxer, Daisy. If we have a day off of school and the weather is clear, she'll be outside. If it's raining, you might find her curled up with a good book or movie.



Either way, she'll be with her two awesome kiddos! Evi's favorite movies are *Good Will Hunting*, *The Perks of Being a Wallflower* and *Wonder*. In high school her favorite class was Art because they got to listen to music and go at their own pace. In college she enjoyed Film Studies because they would watch movies and discuss them.

Welcome to the Jet Family, Evi. We're glad to have you at Sterling Public Schools!

Volleyball 2018

This last month has been a whirlwind of games! We started the season out with the Freeman tournament. We came out of that 1-3, with losses to Freeman, Elmwood-Murdock, and Pawnee City. We saw, and fell to, Freeman again a couple days later. On September 6th we started a winning streak defeating Pawnee City and Falls City.

The girls performed very well at MUDECAS winning taking home the 1st place B-Division plaque. They were able to defeat Lewiston, Southern, and Tri-County with poise. We fell short against Diller-Odell on September 18th, which leaves us with a 6-5 record.

The JV girls have played 5 games thus far. They are currently 1-4, as they beat Diller-Odell! These girls are always so positive, are always working to improve their skills, and are always there to support their teammates. For those reasons they all earned varsity jerseys. So look for them to step in a play in some varsity games.

I can always count on some good competition, strong serves, and 110% effort from all of the ladies on the court. We are loving the enthusiasm on the court, bench, and crowd (thanks for that). Thank you for the support we get from parents, students, staff, and community. **Lady Jet Pride, Coach Saathoff**



Counselor's Corner

Addie Heusman

aheusman@sterlingpublicschools.com

402-866-4761, ext. 113

It's **FAFSA** time!

Seniors...beginning October 1, you and your parents can complete the 2019-20 **FAFSA** (Free Application for Federal Student Aid). The FAFSA is the application for state, federal, and college-based financial aid. On October 11, we will be hosting our Apply2College and financial aid event for seniors and their parents. Starting at 1:00PM, seniors will be applying to the college of their choice and also applying for their Federal Student Aid (FSA) ID which both the parent and student will need in order to complete the FAFSA. File for a FSA ID at the fsaid.ed.gov website. By attending this EducationQuest Financial Aid Program to learn how the FAFSA and financial aid can help students pay for college, students can register for a \$500 Financial Aid Program Scholarship!

Review the FAFSA Checklist at EducationQuest.org for items you'll need to complete the FAFSA. See FAFSA Tools at EducationQuest.org for helpful resources.

SAVE the Date!

October 11, 4:30PM - EducationQuest Financial Aid Presentation for junior and senior parents.

FALL visit days...

The following visits have been scheduled for this fall.

Oct. 9: UNL/NWU (All 10th grade/Optional 12th grade)

Oct. 11: Apply2College Event/EducationQuest Financial Aid Presentation

Seniors: 1:00PM

11th/12th Grade Parents: 4:30PM

Oct. 18: SCC Lincoln/Bryan Health (Optional 10-12th grade)

Nov. 6: Peru State College (All 9th Grade, Optional 12th grade)

Nov. 20: Northwest Missouri State University (Optional 10-12th grade)

2018-2019 ACT Dates... Register at actstudent.org. School Code: 282-240

TEST DATE	OCT 27	DEC 8	FEB 9	APR 13	JUNE 8	JUL 13
<u>Registration Deadline</u>	SEP 28	NOV 2	JAN 11	MAR 8	MAY 3	JUN 14
<u>Late Registration Deadline</u>	OCT 14	NOV 19	JAN 18	MAR 25	MAY 20	JUN 24



FEATURED STAFF MEMBER - MR. DERRICK GOSSARD



Mr. Derrick Gossard is the new JH/HS Choir and Band Director here at Sterling Public Schools. Here are a handful of tidbits about Mr. Gossard... His family consists of Rick and Mona (dad and mom), Renee, Christina, and Makala (sisters), and a total of 5 nieces and nephews.

Derrick attended Pius X High School and later on the University of Nebraska - Lincoln. His favorite classes, both in high school and college, were Band and Choir because MUSIC IS LIFE! He has two black and white cats named Oliver and Oreo. If we have a day off of school Derrick will definitely be sleeping! We're very happy that you're a part of our Jet Family, Derrick. Welcome!

Schedule Changes...

- *Deshler FB game moved to next Thursday Oct. 4th @ 7PM.
- *JH/JV FB games vs. Humphrey/LHF rescheduled for Monday, Oct. 8th @ 3:30 PM. The JH will play 1st, followed by the JV.
- *The JH girls VB game on Monday, Oct. 8th has been moved up to 1:00 PM.
- *The JH FB game scheduled with Lewiston moved to Wednesday, Oct. 10th. Same time and place, in Sterling at 2:00 PM.

OCTOBER MENUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B- WG Cereal, WG Toast Fruit/Juice, Milk L- Chicken Teriyaki, WG Rice, Peas, Pineapple, Fortune Cookie	2 B- WG Pancakes, Sausage OR WG Cereal/WG Pancake, Fruit/Juice, Milk L- Tacos, Green Beans, Celery w/ PB, Peaches	3 B- Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Submarines, Corn, Gelatin, Pears	4 B- Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Ham Patty on WG Bun, FF and/or Swt FF, Romaine Lettuce Salad, Mandarin Oranges	5 B- Belgian Waffle, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- WG Goulash, Mixed Vegetables, WG Dinner Roll w/ Jelly or Honey, Applesauce
8 B- Sausage Gravy over WG Biscuit OR WG Cereal/WG Biscuit, Fruit/Juice, Milk L- Chicken Nuggets, WG Rice, Romaine Lettuce Salad, Pears	9 B- WG Donut OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Salisbury Steak, Mashed Potatoes w/ Gravy, WG Breadstick, Pineapple	10 B- Breakfast Burrito OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Pork Patty on WG Bun, FF and/or Swt FF, Broccoli w/ Cheese, Mandarin Oranges	11 B- WG Cereal, WG Toast, Fruit/Juice, Milk L- Nachos w/ Cheese Sauce or Bean Dip, Peas, Celery w/ PB, Pears	12 B- Apple or Cherry Frudel OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Vegetable Beef Soup, Chicken Salad Sandwich, Gelatin
15 B- WG French Toast Sticks, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- BBQ Rib on WG Bun, Corn, Tator Tots and/or Swt Tator Tots, Pineapple	16 B- WG Cereal, WG Toast, Fruit/Juice, Milk L- Mini Corn Dogs, Baked Beans, Applesauce	17 B- Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Pizza Crunchers, Green Beans, Mandarin Oranges	18 B- Toast Pastry OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Corn, Peaches	19 B- Oatmeal OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Beef & Noodles, WG Cheesy Breadsticks, Green Beans, Pears
22 B- WG Cereal, WG Toast Fruit/Juice, Milk L- Mini Corn Dogs, FF and/or Swt FF, Peas, Applesauce	23 B- Sausage, Egg, & Cheese Tornadoes OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Pizza, Corn, Black Bean Salad, Peaches	24 B- Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Potato Bake, Ham or Tuna Salad Sandwich, String Cheese, Pears	25 B- Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Fish Sticks, Green Beans, Coleslaw, Mandarin Oranges	26 B- WG Donut OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Hot Ham and Cheese Sandwich, Baked Beans, Pineapple Tidbits
29 B- WG Pancakes, Sausage OR WG Cereal/Sausage, Fruit/Juice, Milk L- Spaghetti, Green Beans, Garlic Bread, Pears	30 B- Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Broccoli w/ Cheese, Mandarin Oranges	31 B- Trick or Treat (Cook's Choice) L- Halloweenies, Broomsticks, Brain Bits, Cupcakes (Hot Dog on WG Bun, FF and/or Swt FF, Mixed Fruit, Cupcakes)	<p>Alternate Entree: Chef Salad</p> <p>Milk served w/ every meal</p> <p>A variety of fruits and vegetables are offered w/ every meal</p> <p>Menu subject to change.</p>	

OCTOBER 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	October 1 SCHOOL PICTURES 12th Graders to SCC- Beatrice/Doane JH VB @ Tri-County - 4PM	2 Lewiston Triangular (Lew/CVA) - 6:15/7:30PM	3 EARLY OUT 1:37PM	4 JH VB vs. Diller-Odell - HOME - 1PM JH FB vs. Diller-Odell - HOME - 1PM FB @ Deshler - 7PM VB vs. Elmwood/Murdock - HOME - 6PM (JV,V)	5 Randy Nadler - Elem 9AM JH/HS 10AM Chadron State Rep - 1:30PM	6 Falls City VB Invite - 9AM Lewiston JH VB Tournament - 9AM
7	8 JH VB vs. Pawnee City - HOME - 1PM JH/JV FB vs. Humphrey/LHF @ East Butler - 3:30/5PM VB @ Tri-County - 5PM (JV,V)	9 Fire Prevention @ Fire Hall - 10AM 10th Grade to UNL/ Neb Wesleyan - 10AM-3:30PM SCHOOL BOARD MEETING - 7:30PM	10 PSAT Testing (Juniors) - Periods 1-4 UNL Rep - 1PM JH VB vs. Neb City Lourdes - HOME - 2PM JH FB vs. Lewiston - HOME - 2PM	11 PreK-2nd Grade Pumpkin Patch Field Trip @ 11:45AM EducationQuest Financial Aid Mtg (Seniors) - 2:30/4:30PM VB vs. Johnson-Brock - HOME - 6PM (JV,V) - PARENTS NIGHT	12 END OF 1ST QUARTER NO PREK FB vs. Lewiston - HOME - 7PM HOMECOMING	13 Omaha Brownell Talbot JH VB Tournament - 9AM
14	15 JV FB @ Southern - 6PM PIONEER CONFERENCE VB TOURNAMENT @ TRI-COUNTY/PAWNEE CITY	16 JH VB vs. Johnson- Brock - HOME - 4PM	17	18 FB vs. Dorchester - HOME - 7PM - PARENTS NIGHT	19 10th-12th Graders to SCC-Lincoln/Bryan Health - 9:30AM PIO CONF VB FINALS	20 Sterling JV VB Tournament - 9AM
21	22 Doane Rep - 10AM HS Pops Concert (Small Groups) - 7PM	23 Wayne State Rep - 9AM Neb City Lourdes Triangular - 5:30/7:30PM	24	25	26 NO PREK 1 st Round - FB Playoffs	27 ACT Test Date
28	29 VB SUB-DISTRICTS @ JOHNSON-BROCK	30	31 Halloween	November 1 VB DISTRICT FINALS	2 Quarterfinal Round - FB Playoffs	3



DRESS-UP DAYS
OCTOBER 8-12, 2018

ELEMENTARY

Monday - Hero Day

Tuesday - Pajama Day

Wednesday - Crisscross/ Mismatch Day

Thursday - Cowboy Day

Friday - Spirit Day

HIGH SCHOOL

Monday - Decade Day

- Staff - 1990's
- 12th - 1980's
- 11th - 1970's
- 10th - 1960's
- 9th - 1950's
- 7th & 8th - 1940's or earlier

Tuesday - Suburban Dad Day

Wednesday - Holiday Day

Thursday - Favorite College / Staff Alma Mater Day

Friday - Spirit Day



STERLING PUBLIC SCHOOLS
250 MAIN STREET
P.O. BOX 39
STERLING, NE 68443

Phone: (402) 866-4761

Fax: (402) 866-4771

Website: www.sterlingjets.org

SUPERINTENDENT

Dottie Heusman

PREK - 12 PRINCIPAL

Scott Harrington

ATHLETIC DIRECTOR

Brent Heusman

GUIDANCE COUNSELOR

Addie Heusman

